

1<sup>st</sup> July 2022

Dear Parent / Carer,  
**Relationships, Sex and Health Education**

As part of your child's education at Outwood Primary Academy Newstead Green, we promote personal wellbeing and development through a comprehensive Personal, Social, Health Economic (PSHE) education programme. PSHE education is the curriculum subject that gives children the knowledge, understanding, attitudes and practical skills to live safe, healthy productive lives and meet their full potential.

During this half-term, we are currently focusing on Relationships, Sex and Health Education. This will provide the opportunity for children to explore issues around families, friendships, growing and changing, hygiene, and safety.

All topics covered in the sessions are specific and relevant to the age and development of children and much of the content is what is required by the National Curriculum for Science.

As we are aware that this may be a sensitive area to some of you, we are notifying you now that your child will be focusing their learning in this area.

**We will be having a 2 lessons next week, One where the children will learn about Puberty and Changes to the Body.**

**There will also be a second lesson during the week, where the children will learn about Conception and Pregnancy.**

The first lesson is mandatory and all children must take part. If you do not want your child to take part in the second session (Conception and Pregnancy), you can ask that your child is withdrawn from the lesson should you wish.

If you would like your child to opt out of the Lesson, please complete this form <https://forms.gle/m7XCxsi5kZduSGBP6>

If you have any further questions, we strongly encourage that you contact the class teacher to discuss the lessons and their content.

Thank you for your cooperation.

Yours sincerely



Lindsey Corbett  
Principal