

Outwood Primary Academy Newstead Green

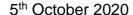
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YOU ARE

NOT ALONE



Dear Parents / Carers

World Mental Health Day

We would like to invite ALL children to join in the #HelloYellow campaign.

This week on Friday 9th October is National Mental Health Day. We will be working as a school to raise awareness of the importance of a healthy mind and wellbeing.

We are asking everyone to wear a yellow accessory (normal school uniform applies) so dig out your neon socks, custard scarf and banana hats – so we can show young people that they are not alone with their mental health!

#Hello Yellow is in support of YoungMinds for World Mental Health Day.

We know that you and the young people in your lives have been going through a difficult time, and it can be hard to feel positive. YOU ARE NOT ALONE! Together we can lookout for each other and feel hopeful about the future. By getting involved in #Hello Yellow, we will help raise awareness and understand that looking after our wellbeing has never been more important.

As a school we will be taking part in some well-being activities in school during the day to promote this with the children. There is no donation needed for this day.

Yours sincerely

Lindsey Corbett

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Associate Principal

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