

15th March 2023

Dear Parents / Carers

We have been informed that a number of children who attend OPA Newstead Green have been diagnosed with chickenpox.

Chickenpox

Chickenpox is a mild and common childhood illness that most children catch at some point. It causes a rash of red, itchy spots that turn into fluid-filled blisters. They then crust over to form scabs, which eventually drop off. To prevent spreading the infection, keep children off nursery or school until all the spots have crusted over, this is usually 5 days after the spots first appeared.

For most children, chickenpox is a mild illness that gets better on its own. But some children can become more seriously ill and need to see a doctor. Contact your GP straight away if your child develops any abnormal symptoms, for example:

- if the blisters on their skin become infected
- if your child has a pain in their chest or has difficulty breathing

Complications

If you are concerned for any reason please seek medical assistance immediately.

If your child has an underlying condition which affects their immune system, you should contact your GP or hospital doctor to discuss whether any additional measures are needed.

You can find more information on chickenpox on the NHS Choices website at

<https://www.nhs.uk/conditions/chickenpox/>

Yours sincerely



Lindsey Corbett
Principal